

UFPA Workshop Registration Form

2009 UFPA Spring Workshop with Linda L. Freeman

Friday and Saturday, March 27-28, 2009

Dimple Dell Fitness Center and Cottonwood Heights Recreation Center

Please print

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Workshop Fees

Early registration **MUST** be postmarked by March 20, 2009

	Before Mar. 20	After Mar. 20
<input type="checkbox"/> Pilates 50/50 (Friday)	\$30	\$35
<input type="checkbox"/> Spirited Sun Salutations (Friday)	\$30	\$35
<input type="checkbox"/> Gliding Step & Sculpt	\$35	\$40
<input type="checkbox"/> Stability Ball Progressions	\$35	\$40
<input type="checkbox"/> B.I.T.E. M.E.	\$35	\$40
<input type="checkbox"/> All FIVE workshops	\$155	\$175
<input type="checkbox"/> Lunch (Saturday) From Paradise Cafe!	\$8	--

Please circle sandwich choice: California Turkey Ham & Swiss Pesto Vegetarian

Note: Do not pre-pay for equipment rental

Total Amount Paid: _____

Make checks payable to:

UFPA

9188 Glenn Abbey Way
Sandy, Utah 84093
(801) 733-5975

\$20 fee for returned checks

Sorry, no credit cards!

UFPA Workshop Policies

Cancellation, transfer, or substitutions:

A \$20 fee will be charged to transfer a workshop registration to the **next** workshop.